



SANDS BAR

KIDS DINNER MENU

Cup of soup €4

Homemade seeded bread 1(wheat),3,7,9,11

Kids Caesar Salad €4

Cos lettuce, croutons, cherry tomato, creamy dressing
1(wheat),3,4,7,10

Garlic butter toasted sourdough €3

1(wheat),6,7

Spaghetti Bolognese €7.50

Homemade meat sauce, parmesan cheese 1(wheat),7

Baked breaded chicken breast slices €7.50

1(wheat),3,4,6,7

Roast potatoes, mild garlic dip

Grilled burger €8

1(wheat),3,7

Toasted bap, melted cheddar and skinny chips

Mini fish n' chips €8

1(wheat, oat, barley),3,4,7,10,11

Battered cod, skinny chips, lemon

Selection of ice cream €4

3,7

Chocolate, vanilla, strawberry

Warm chocolate brownie €4.50

1(wheat),3,6,7

Vanilla ice cream, chocolate sauce

Mini jam doughnuts €4

1(wheat),3,6,7

Fresh cream

Hot Chocolate €3.50

Marshmallows, cream, cocoa powder



SANDS BAR

KIDS LUNCH MENU

Cup of soup €4

Homemade seeded bread 1(wheat),3,7,9,11

Ham & Cheese Toastie €4.50

1 (wheat),6,7,11

Spaghetti Bolognese €7.50

Homemade meat sauce, parmesan cheese 1(wheat),7

Irish sausages and mashed potato €6.50

1(wheat, oat, barley),3,4,7,10,11

Selection of ice cream €4

3,7

Chocolate, vanilla, strawberry

Warm chocolate brownie €4.50

1(wheat),3,6,7

Vanilla ice cream, chocolate sauce

Hot Chocolate €3.50

Marshmallows, cream, cocoa powder

ALLERGY LIST

1. Gluten
2. Crustaceans
3. Eggs
4. Mustard
5. Peanuts
6. Soybeans
7. Milk
8. Nuts
9. Celery
10. Fish
11. Sulphur Dioxide & sulphites
12. Lupin
13. Sesame seeds
14. Molluscs